|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **External Jugular Insertion Skill Sheet** | | | |  |  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| Student:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | | | | Level:\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_ | | |
|  |  |  |  |  |  |  |
| Evaluator:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | | | | | Pass/Fail:\_\_\_\_\_\_\_\_\_ | |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  |  |  |  |  | Pass/Fail |  |
| **1. Don appropriate standard precaution** | | | |  |  |  |
| **2. Assembles needed equipment** | | |  |  |  |  |
| **3. Technique** | |  |  |  |  |  |
| **Place patient supine (1)** | | |  |  |  |  |
|  | Is c-spine precautions indicated? | | |  |  |  |
|  | If **yes**: stabilizes c-spine | | |  |  |  |
|  | If **no**: turns patient's head | | |  |  |  |
|  | slightly to the opposite side | | |  |  |  |
| **Align the tip of the needle/catheter in the direction** | | | | |  |  |
|  | **of the nipple on the same side** | | |  |  |  |
| **Apply light pressure in the inferior aspect of the vein (2)** | | | | |  |  |
| **Insert the needle and enter the vein (3)** | | | |  |  |  |
| **Note blood return and advance catheter** | | | |  |  |  |
| **Withdraw needle and attach tubing** | | | |  |  |  |
| **Cover site with sterile dressing** | | |  |  |  |  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| (1) Trendelenburg is an ideal position. This position is not mandatory, yet | | | | | |  |
| will help distend the external jugular vein and decrease the likelihood | | | | | |  |
| of introducing air into the vein. | | |  |  |  |  |
| (2) Light pressure below the vein will help distend the vein | | | | |  |  |
| This can be done by an assistant. | | |  |  |  |  |
| (3) Assures that air does not enter the vein | | | |  |  |  |