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| --- | --- | --- | --- |
|  | **External Jugular Insertion Skill Sheet** |  |  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| Student:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Level:\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_ |
|  |  |  |  |  |  |  |
| Evaluator:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  | Pass/Fail:\_\_\_\_\_\_\_\_\_ |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  |  |  |  |  | Pass/Fail |  |
| **1. Don appropriate standard precaution** |  |   |  |
| **2. Assembles needed equipment** |  |  |   |  |
| **3. Technique** |  |  |  |  |  |
|  **Place patient supine (1)** |  |  |   |  |
|  | Is c-spine precautions indicated? |  |   |  |
|  |  If **yes**: stabilizes c-spine |  |   |  |
|  |  If **no**: turns patient's head |  |  |  |
|  |  slightly to the opposite side |  |   |  |
|  **Align the tip of the needle/catheter in the direction**  |  |  |
|  | **of the nipple on the same side** |  |   |  |
|   **Apply light pressure in the inferior aspect of the vein (2)** |   |  |
|  **Insert the needle and enter the vein (3)** |  |   |  |
|  **Note blood return and advance catheter** |  |   |  |
|  **Withdraw needle and attach tubing** |  |   |  |
|  **Cover site with sterile dressing** |  |  |   |  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| (1) Trendelenburg is an ideal position. This position is not mandatory, yet  |  |
|  will help distend the external jugular vein and decrease the likelihood |  |
|  of introducing air into the vein. |  |  |  |  |
| (2) Light pressure below the vein will help distend the vein |  |  |
| This can be done by an assistant. |  |  |  |  |
| (3) Assures that air does not enter the vein |  |  |  |